



# St Joseph's Primary Schofields Newsletter

Term 3 Week 8 2020

## Principal's Message

Dear Parents,

We have been back at school for almost a term now and the children's learning is humming along. The time of home leaning has made us all anxious to see the progress of the students. I can see, and the teachers are reporting, good progress. This is with your help too. Home reading is as important as ever!

Most grades are still continuing an element of the homework or school work as online, as this keeps the skills of the children, in case we need to return to home learning at any stage.

The emphasis in all classes is on the basics of English and Maths to give us a more streamlined and focussed curriculum after the time of interruption.

Part of the return to school, and as a way to support the children in an anxious time for the world and the country, every Friday we have a fun Friday. After 2 weeks of fun with Daffodil Day and Jersey Day, this week our approach is quieter. The children are creating a cross with the theme of hope and all the crosses will be joined together to show the power of love and prayer.

Kind Regards,

**Mrs Lesley Studans**  
**Principal**

Assistant Principal

### **ATTENDANCE**

**Every day counts for our students and every minute missed of learning adds up.** Keep up the attendance (if there are no flu-like symptoms) and remember that if you have any concerns to speak to either Mrs Bourke or Mrs Delvecchio.

It is not only important that your child attends school each day but that they arrive at school on time. **Please make allowances for traffic and parking as these often cause delays.**

If your child is away from school, it is important that you provide the classroom teacher with a note outlining the reason that your child was away within 7 days. The teachers are required to mark on the roll the reason for the student's absence. If no note is given, then no explanation can be provided for the absence. If you would like to send an electronic

message about absences, we ask that you do not send it through SeeSaw but use the Skoolbag app instead.



### **WALK SAFELY TO SCHOOL DAY**

This Friday, 11<sup>th</sup> September is WALK SAFELY TO SCHOOL

DAY. All primary school students across Australia are asked to walk to school on this day as a way to encourage children to lead a healthier, more active lifestyle by simply including a walk at the beginning and at the end of each day. The event also promotes reduced car-dependency, greater use of public transport, cleaner air, improved diets and road safety to primary school children throughout Australia. I know many of our families walk to school already and

encourage safe practices of using the crossing as a safe way to cross the road and teaching them to stop at the crossing before walking to wait for cars to stop.



**MORE INFO:** [www.walk.com.au/wstsd](http://www.walk.com.au/wstsd)

### **CEDP Road Safety - Facebook Page**

We have our very own Road Safety Facebook Page which we will be updating on a regular basis and we would love for you and your schools to follow us. Search for Road

Safety Education - Catholic Education Diocese of Parramatta or click on the link and give us a Like. <https://www.facebook.com/roadsafetyeducationCEDP>



**Mrs Joanna Delvecchio**  
**Assistant Principal**

## COVID & Staffing

I've had a few questions from parents about changes in staffing. I can confirm that we have made no changes in staffing. However, in this brave new world of COVID, to keep the school COVID safe, we ask staff to stay at home and get tested if they have any symptoms of cold and flu. As many of our staff are parents, this may also apply to their children too. Replacing absent staff has become quite difficult, despite having reliable casuals who are familiar to the children. This has meant that we have had to split some classes and rearrange release time for leaders and teachers too when we have the casual staff available. All care is taken to ensure that the disruption to the children's learning and any special programs that the children are involved in are not disrupted.

## Father's Day



Happy Belated Father's Day to all our dads.

We're sorry that we couldn't have our usual breakfast and liturgy but I'm sure you got spoiled anyway!

Special thanks to our Parent Group who organised the Father's Day gift stall.

## Religious Education Co-ordinator



### Mary Immaculate Parish, Quakers Hill - Schofields

Postal Address: PO Box 267, Quakers Hill NSW 2763  
Church ~ 125 Barnier Drive, Quakers Hill  
Parish Office: 9626 3326 Fax: 9626 1613  
Email: [parishoffice@maryimmac.org.au](mailto:parishoffice@maryimmac.org.au)



### Sacramental Program ~ Confirmation 2020

*Children Year 5 and Older who have complete their First Eucharist.*

#### **Registration Details**

31<sup>st</sup> August - Monday  
6<sup>th</sup> September – Sunday

Online Registration opens  
Online Registration closes

#### **Preparation Sessions**

12<sup>th</sup> (Saturday) / 13<sup>th</sup> (Sunday) September -  
19<sup>th</sup> (Saturday) / 20<sup>th</sup> (Sunday) September -

Preparation Session 1  
Preparation Session 2

#### **Ceremony Dates:**

13<sup>th</sup> (Tuesday) or 15<sup>th</sup> (Thursday) October -  
20<sup>th</sup> (Tuesday) or 23<sup>rd</sup> (Thursday) October -  
27<sup>th</sup> (Tuesday) or 29<sup>th</sup> (Thursday) October -

Confirmation Ceremony at 6.30pm  
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There will be two preparation sessions for this sacrament which will be done via Zoom on the dates above. Children will need to submit worksheets to the sacramental team before receiving the sacrament. Worksheets will be given to them during the preparation for the sacrament.

Saturday Classes will occur at 4.00pm to 5.30pm  
Sunday Classes will occur at 10.00am to 11.30am

Due to COVID-19 restrictions there will be a limit of people from each family that are able to attend the confirmation ceremony. This will be communicated during the preparation of the sacrament.

\$50.00 donation is requested from each candidate wishing to participate in this program.  
Registration can be done from Monday 31<sup>st</sup> August 2020 through our website  
[www.maryimmac.org.au](http://www.maryimmac.org.au)

For Further information please contact:  
Gerald "Ged" Oblea and Marthese Sultana  
Sacramental Team  
Mary Immaculate Parish Quakers Hill – Schofields  
Ph: 9626 3326 (press '3')  
Mobile: 0477 151 279  
Email: [sacramental.coordinator@maryimmac.org.au](mailto:sacramental.coordinator@maryimmac.org.au)

**Mrs Anne Watson**

## Cash Payments

Just a reminder that no cash payments are accepted at the school. Any payments can be made by EFTPOS. School fee payments can be made with cash at an Australia Post office. This is a directive from the Catholic Education Office, Parramatta. Thank you

## Carpark

A reminder that the carpark is off limits to parents. Please do not enter the carpark to drop off or pick up your child. Rainy weather is not an excuse due to the safety of the students who enter the carpark.

## Morning Drop Off

We have 2 options for dropping off students via car.

- A reminder if you need assistance to get your child out of the car, the bus bay on **Alex Avenue** is the best place for this. Mrs Bourke and a teacher are out there every morning.
- The **Nazarene Crescent** Gate is only for students who are able to get out of the car independently.

### **Morning Right turns on Alex Avenue**

If at all possible, please enter from the left and leave from the left to keep the flow of traffic going.

### **Queueing Etiquette for Rolling Pick Up**

Please look for the end of the queue and join the queue at that point. Try not to queue early as this can cause an unsafe build up of traffic on Alex Avenue. Please display your pickup number clearly.



## Jersey Day

Last Friday the children wore their favourite teams' colours or jerseys to school. It's interesting to see the variety of teams our community supports. Every sport and nationality was represented. It's a fun way to raise awareness of organ donation in memory of a special young man, called Nathan Gremmo who tragically passed away. Nathan donated his organs and so his memory lives on through this gift.

## Second Hand Uniform Shop

Our Second Hand Uniform Shop runs on the generosity of our parents.

Should you have any unwanted uniforms, we would very much appreciate donations to our school shop. Thank you.

## Drink Bottles

Please ensure that your child has a drink bottle each day as the bubblers are not available to be used during the current COVID restrictions.

## Daffodil Day

A big thank you to everyone for their support on Daffodil Day. St Joseph's really was a "sea of yellow." As a school we raised \$758. A fantastic effort.



**Miss Kimberley van Gend**

# Vacation Care



## Term 3 Spring Vacation Care 2020 Program WEEK 1 — St Joseph's

Monday 28th September 2020	Tuesday 29th September 2020	Wednesday 30th September 2020	Thursday 1st October 2020	Friday 2nd October 2020
<b>UNDER THE SEA DAY</b> Our oceans cover more than 70% of the Earth's surface, Lets discover what's really under the sea! Get a real appreciation for our ocean and marine life that lives beneath the waters surface. Learn new discoveries such as the 3 zones of the ocean.	<b>HARRY POTTER DAY</b> Calling ALL Harry Potter Fans, Jump on the Hogwarts Express from platform 9 3/4 and arrive for full day filled of everything HARRY POTTER. Join the Hogwarts School of Witchcraft and Wizardry in honor of St Joseph's COSHC.	<b>FRIENDSHIP PICNIC DAY</b> Bring your Teddy Bear along to share our friendship picnic day. This is a special day reminding us to be kind, caring and inclusive of others. Join us in the open fresh air on the oval with fun games, delicious healthy food and laughter to celebrate special childhood memories.	<b>SPORTS CARNIVAL FUN DAY</b> Come and get active for our St Joseph's Carnival fun day. Lets get our bodies moving and join in heaps of fun interactive sports activities including: Gymnastic circuit, Athletics, Parachute activities, Ball sports, and Novelty races.	<b>DISCO FEVER DAY</b> Dress up and get your groove on. Lets get moving and grooving to all our favourite disco tunes. We will dance, sing and play lots of interactive group games. This will be a great day, we will inspire the children to dance, express themselves and have fun through music
Bring: morning tea, lunch, hat, refillable water bottle and enclosed shoes. Incentre Cost: \$55	Bring: morning tea, lunch, hat, refillable water bottle and enclosed shoes. Incentre Cost: \$55	Bring: morning tea, lunch, hat, refillable water bottle and enclosed shoes. Incentre Cost: \$55	Bring: morning tea, lunch, hat, refillable water bottle and enclosed shoes a must! Incentre Cost: \$55	Bring: morning tea, lunch, hat, refillable water bottle and enclosed shoes. Incentre Cost: \$55

Children must wear sun-safe clothing with sleeves, enclosed sports shoes & socks & a sun-safe hat (legionnaire or bucket hat with wide brim) for all outdoor play and excursions.  
 COSHC will supply breakfast and afternoon tea each day. COSHC is an allergy aware space—please do not bring nuts-Including Pecans, Kiwi Fruit, Eggs or anything with Sesame.  
 78 Alex Ave, Schofields NSW 2762 Open: 6:30am—6:30pm | (0400 468 599) coshcstjosephsschofields@parra.catholic.edu.au



## Term 3 Spring Vacation Care 2020 Program WEEK 2— St Joseph's

Monday 5th October 2020	Tuesday 6th October 2020	Wednesday 7th October 2020	Thursday 8th October 2020	Friday 9th October 2020
<b>PUBLIC HOLIDAY</b>  ENJOY YOUR DAY	<b>OUTER SPACE DAY</b> Being inspired by the NASA Kids Club we will be making cool space discoveries with the children.. We will be learning about Astronomy. Astronomy is the branch of science that studies outer space focusing on celestial bodies such as stars, comets, planets and galaxies.	<b>UPCYCLING AND TINKERING</b> From Trash to Treasures, we prove that old goods can be transferred into new pieces. Let's get creative together and think how we can make an impact on our environment by preventing waste that we discard. We will also have a tinkering station so the children can experiment with materials and ideas.	<b>COOKING AROUND THE WORLD.</b> Let's travel around the world without leaving COSHC. Let's learn about different cultures throughout the world. We will learn about recipes native to each country. Food connects people globally, lets celebrate all cultures.	<b>GAMING DAY</b> Today we will have a variety of different games on offer for the children. The children will participate in outdoor group games, board games and electronic games. A big focus today will be sharing and taking turns. "Here we go!"
	Bring: morning tea, lunch, hat, refillable water bottle and enclosed shoes. Incentre Cost: \$55	Bring: morning tea, lunch, hat, refillable water bottle and enclosed shoes. Incentre Cost: \$55	Bring: morning tea, lunch, hat, refillable water bottle and enclosed shoes. Incentre Cost: \$55	Bring: morning tea, lunch, hat, refillable water bottle and enclosed shoes. Incentre Cost: \$55

Children must wear sun-safe clothing with sleeves, enclosed sports shoes & socks & a sun-safe hat (legionnaire or bucket hat with wide brim) for all outdoor play and excursions.  
 COSHC will supply breakfast and afternoon tea each day. COSHC is an allergy aware space—please do not bring nuts, eggs or seafood.

# Fruit & Veg Month

Our school is participating in Fruit & Veg Month 2020. This year's theme is 'Planet Fruit & Veg', because eating more fruit and veg is good for us and the planet.



As part of Fruit & Veg Month we are sending home information each week on how to 'up the fruit and veg' at your place – for yourselves and the Planet.

We all know fruit and vegetables are good for you and your family. But how much does your body need?

Use this handy guide to find out.

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## HOW MUCH FRUIT AND VEGETABLES DOES YOUR FAMILY NEED?

We all know fruit and veg are good for you and your family.

### BUT HOW MUCH DOES YOUR BODY NEED?

Use this handy guide to find out.

  

		RECOMMENDED NUMBER OF SERVES PER DAY				
FRUIT	 <b>1 SERVE</b> <small>Very young children (2-3 years)</small>	 <b>1½ SERVES</b> <small>Young children (4-8 years)</small>	 <b>2 SERVES</b> <small>Older children (9-11 years)</small>	 <b>2 SERVES</b> <small>Teenagers (12-18 years)</small>	 <b>2 SERVES</b> <small>Adults (19+)</small>	
	<b>1 SERVE OF FRUIT =</b> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">   <b>1</b>  <small>medium fruit</small> </div> <div style="font-size: 2em;">=</div> <div style="text-align: center;">   <b>2</b>  <small>small fruit</small> </div> <div style="font-size: 2em;">=</div> <div style="text-align: center;">   <b>1 CUP</b>  <small>diced or canned fruit unsweetened</small> </div> </div>					
VEGETABLES	 <b>2½ SERVES</b> <small>Very young children (2-3 years)</small>	 <b>4½ SERVES</b> <small>Young children (4-8 years)</small>	 <b>5 SERVES</b> <small>Older children (9-11 years)</small>	 <b>5 - 5½ SERVES</b> <small>Teenagers (12-18 years)</small>	 <b>5 - 6 SERVES</b> <small>Adults (19+)</small>	
	<b>1 SERVE OF VEGETABLES =</b> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">   <b>½ CUP</b>  <small>cooked vegetables</small> </div> <div style="font-size: 2em;">=</div> <div style="text-align: center;">   <b>1 CUP</b>  <small>salad vegetables</small> </div> <div style="font-size: 2em;">=</div> <div style="text-align: center;">   <b>½ CUP</b>  <small>canned vegetables</small> </div> <div style="font-size: 2em;">=</div> <div style="text-align: center;">   <b>1</b>  <small>medium tomato</small> </div> <div style="font-size: 2em;">=</div> <div style="text-align: center;">   <b>½</b>  <small>medium potato</small> </div> </div>					

Help us improve!

Spare a few minutes to answer three questions and you could win a \$20 shopping voucher. Click on the link to the questions [here](https://www.surveymonkey.com/r/FVM2020ParentSurvey1) or find them at [surveymonkey.com/r/FVM2020ParentSurvey1](https://www.surveymonkey.com/r/FVM2020ParentSurvey1)

Read the resource and answer the survey questions to go into the running for a \$20 shopping voucher.

**Mrs Kimberley Turner**